

	rdation	Level 1 and Level 2	Level 3 and Level 4	Level 5 and Level 6
		Warm up Crumbs and Crusts	Outdoor Education	Badminton Unit
E R	<u></u> whis.	`¶o <u>vement</u>	Orienteering - Rogaining In pairs students compete to finish one grid reference/clues worksheet and record a fast	Explain unit Divide into 4 teams
M 1	Run/walk/ho, jump around are whistle Add curled, wide and high		Tyre Balance rioment: 4 large tyres.	Assign roles Sign contract Discuss Net/Wall games
W	movements Individual play with beanbags Balance on body parts Individual play with hoops	Throw/ci. Throw/clap/clap, Balance on foot then kic	rup works out a way for balance together rold for 5 second reground.	Activity 1 - Balloon play Individual/partner play with a balloon and shuttle. Aim To keep the balloon and shuttle in the air.
E E K	Ball Handling Skills Ball Control – Beat Ball Game Shipwreck	Ball Handling Skills Passing V Hitting 2 teams. Running team bounces ball, catching team counts how many catches before all runners have finished.	- Sk ₁ , - high k ₁ . Ball Handling Sk ₁ .	° as
	Walk or Run	<u>Game</u> Spiders and Flies	Ball Bounce No7 – Lin⊾ Game Kicking – Norwegian Kick Ball	!